

# JANUARY 2025

## Schroon Lake Central School

Schroon Lake is a peanut-free school. Sun butter will be served in place of peanut butter.

Monday

Tuesday

Wednesday

Thursday

Friday



6  
Macaroni and Cheese  
Buffalo Chicken  
Fruits and Vegetables  
Milk

7  
Hamburgers / Cheeseburgers  
Homemade French Fries  
Fruits and Vegetables  
Milk

8  
Chicken a la King  
Brown Rice  
Green Beans  
Fruits and Vegetables  
Milk

9  
Grilled Cheese Sandwich  
Homemade Soup  
Fruits and Vegetables  
Milk

10  
Italian Dunkers  
Marinara Sauce  
Fruits and Vegetables  
Milk

13  
Nacho Bar  
Beef / Bean  
Brown Rice / Corn / Toppings!  
Fruits and Vegetables  
Milk

14  
Baked Ziti  
Homemade Garlic Bread  
Fruits and Vegetables  
Milk

15  
Quesadillas  
Chicken / Bean  
Brown Rice / Corn  
Fruits and Vegetables  
Milk

16  
Turkey Subs  
Pasta Salad  
Fruits and Vegetables  
Milk

17  
Cheese Pizza  
Pepperoni Pizza  
Fruits and Vegetables  
Milk

20  
NO SCHOOL  
Martin Luther King Jr. Day

21  
Pasta Bar  
Meat Sauce / Marinara / Alfredo  
Homemade Rolls  
Fruits and Vegetables  
Milk

22  
Hamburger / Cheeseburger  
Baked Beans  
Fruits and Vegetables  
Milk

23  
Brunch for Lunch!  
Pancakes / Eggs / Sausage  
Yogurt / Homemade Granola  
Fruits and Vegetables  
Milk

24  
Italian Dunkers  
Marinara Sauce  
Fruits and Vegetables  
Milk

27  
Sweet and Spicy Chicken  
Brown Rice  
Roasted Broccoli  
Fruits and Vegetables  
Milk

28  
Philly Cheesesteak Subs  
Chips + Salsa  
Fruits and Vegetables  
Milk

29  
NO SCHOOL  
Lunar New Year

30  
Grilled Cheese Sandwich  
Homemade Soup  
Fruits and Vegetables  
Milk

31  
Cheese Pizza  
Pepperoni Pizza  
Fruits and Vegetables  
Milk

Schroon Lake encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are SB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.