## OCTOBER 2024

\*Schroon Lake Central is a Peanut Free school. Sur butter will be offered in place of peanut butter.

Schroon Lake

Tuesday	Wednesday	Thursday	Friday
Chicken Enchiladas Seasoned Rice Fruit & Veggie Milk	Pasta Bar Alfredo / Meat Sauce / Marinara Rolls Fruit & Veggie Milk	Chicken Tacos Seasoned Rice Refried Beans Fruit & Veggie Milk	NO SCHOOL
Chicken Teriyaki Seasoned Rice Fruit & Veggie Milk	Lasagna Garlic Rolls Fruit & Veggie Milk	Chicken Pot Pie Fruit & Veggie Milk	Cheese Pizza Pepperoni Pizza Fruit & Veggie Milk
Grilled Cheese Sandwich Homemade Soup Fruit & Veggie Milk	Breakfast Bar Scrambled Eggs, Sausage, Bacon, Muffins, Yogurt Fruit & Veggie Milk	Chicken Bowl Black Beans / Corn Brown Rice Fruit & Veggie Milk	Italian Dunkers Fruit & Veggie Milk
Nacho Bar Beef / Bean Cheese Sauce Seasoned Rice Fruit & Veggie Milk	Cheese Calzones Pepperoni Calzones Fruit & Veggie Milk	Sweet N' Spicy Chicken Seasoned Rice Fruit & Veggie Milk	Cheese Pizza Pepperoni Pizza Fruit & Veggie Milk
Ghoulash Garlic Stakes (for Vampire Defense) Fruit & Veggie Milk	Chicken Stew Homemade Biscuits Fruit & Veggie Milk	Hamburgers Cheeseburgers Wild Sauce, French Fries Fruit & Veggie Milk	
	Chicken Enchiladas Seasoned Rice Fruit & Veggie Milk  Chicken Teriyaki Seasoned Rice Fruit & Veggie Milk  Grilled Cheese Sandwich Homemade Soup Fruit & Veggie Milk  Nacho Bar Beef / Bean Cheese Sauce Seasoned Rice Fruit & Veggie Milk  Ghoulash Garlic Stakes (for Vampire Defense) Fruit & Veggie	Chicken Enchiladas Seasoned Rice Fruit & Veggie Milk  Chicken Teriyaki Seasoned Rice Fruit & Veggie Milk  Breakfast Bar Scrambled Eggs, Sausage, Bacon, Muffins, Yogurt Fruit & Veggie Milk  Nacho Bar Beef / Bean Cheese Sauce Seasoned Rice Fruit & Veggie Milk  Cheese Calzones Pepperoni Calzones Fruit & Veggie Milk  Ghoulash Garlic Stakes (for Vampire Defense) Fruit & Veggie	Chicken Enchiladas Seasoned Rice Fruit & Veggie Milk  Chicken Teriyaki Seasoned Rice Fruit & Veggie Milk  Fruit & Veggie Milk  Chicken Pot Pie Fruit & Veggie Milk  Chicken Bowl Bacon, Muffins, Yogurt Fruit & Veggie Milk  Nacho Bar Cheese Sauce Seasoned Rice Fruit & Veggie Milk  Nacho Bar Cheese Calzones Fruit & Veggie Milk  Cheese Calzones Seasoned Rice Fruit & Veggie Fruit & Veggie Fruit & Veggie Fruit & Veggie