

Schroon Lake Central School District

BMI Reporting Information

Grades K, 2, 4, 7 and 10

Dear family;

As part of the required school health examination, student heights and weights are measured. These numbers are used to determine Body Mass Index (BMI). The BMI is useful in determining if students are in healthy weight ranges. New York State Education Law requires that BMI information be a part of the school health record.

Periodically our school may be selected to report student BMI information to the New York State Department of Health. This information will help officials develop programs that are intended to maintain the health of children. Only summary information will be sent, no names or personal identifiers will be included.

You may choose to have your child's BMI number excluded from the survey by signing and returning the bottom of this form to the Health Office at Schroon Lake Central School.

Please DO NOT include my child's weight status information in the _____ school survey.
(School Year)

Child's Name: _____ Grade: _____

Parent Signature: _____ Date: _____